

Dragons In The Woods

5k Run/Walk

October 17, 2026



Where: Burchfield Park, Holt, MI

Start time: 9:00am

Awards for the Overall and Masters(40 and up), male and female. Medals to the top three male and female in each age group.

Age groups: 12 and under, 13-16, 17-20, 21-25, 26-30, 31-35, 36-40, 41-45, 46-50, 51-55, 56-60, 61 and over.

Entry Fee: \$25 before October 4th, \$30 after, per individual. \$85 for families or teams of 3-5 members. Please add \$10 to family fee if after October 1st.

Packet pickup will be before the race on Saturday Morning

Name_____Phone_____

Address_____City,_____St._____

E-mail_____Zip code_____

M____F____ Age on race day_____ Shirt Size Y S M L XL

For family or team registration , please make a copy for each participant. For XXL tees please make a note on registration and add \$3 per shirt.

For any Questions, call Cathy at 517-974-9803

Please mail registration forms to Island City Academy, 6421 S. Clinton Trail, Eaton Rapids, MI 48827 c/o Cathy Sayer

Participant signature_____ Parent Signature _____

All waivers will be signed at packet pick-up on Saturday before the race.